



Social Planning Council
of Cambridge and North Dumfries

Directory of Services
and Agencies in
North Dumfries
2016

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Directory of Services and Agencies in North Dumfries

Introduction

The Social Planning Council of Cambridge and North Dumfries is pleased to present the first edition of the Directory of Community Agencies and Services in North Dumfries. To be included in this directory, agencies and organizations must be either located in or serving residents of North Dumfries, as well as providing a direct service to members of the community. Most services are either located in or directly serve North Dumfries. It is the hope of the Social Planning Council that you find this directory informative, useful and easy to navigate.

Since this directory is focused on North Dumfries, services either located in or serving North Dumfries specifically are included. For specific topics, the Social Planning Council of Cambridge and North Dumfries has compiled several directories with a broader municipal/regional focus that may be of more assistance. To view these directories, visit our website at www.spcnd.org and click on Directories under the Information and Referral tab.

Directories you will find on our website include:

- Directory of Services and Agencies Related to Health
- Youth Directory of Services and Agencies
- Seniors Directory of Services and Agencies
- Directory of Services and Agencies for Immigrants and Refugees
- Directory of Services and Agencies for Employment and Training
- Directory of Services and Agencies for Low-Income Families and Individuals
- Directory of Services and Agencies for People with Disabilities

To have your agency or organization included in the Directory next year when it is revised, call 519-623-1713 Ext 225, or email melissa@spcnd.org

Municipal/Regional/Provincial Services

Animal Control and Adoption, Hillside Kennels

Phone: 1-888-469-3247 or 519-469-3247

Hillside Kennels is a private animal control service contracted by the Township of North Dumfries available for canine control only. Other animal control services may be offered through Hillside but fees for this service will be the responsibility of the requesting party.

Ayr Cemetery Board

355 Stanley St, Ayr Ontario

Phone: 519-632-7228

Email: ayrcemetery@rogers.com

Ayr Post Office

41 Northumberland St, Ayr Ontario

Phone: 519-632-7922

Hours: Open 8:30 am – 5:45 pm Mon-Fri, and 9 am – 12 pm on Sat.

Ayr Public Library

137 Stanley St, Ayr Ontario

Phone: 519-632-7298

Services such as internet stations and photocopying are offered, as well as computer, children's story time, and after school programs.

Ayr Fire Hall

501 Scott St, Ayr Ontario

Phone: 519-632-7956

Block Parents Waterloo Region Office

425 Hespeler Road Suite 413

Cambridge ON N1R 8J6

Phone: 519-745-8410

Email: contact@blockparents.ca

Website: www.blockparents.ca

Provides immediate assistance through a safety network and offers supportive community education programs.

Building Services

2958 Greenfield Rd, Ayr Ontario

Phone: 519-632-8800

For more information, visit <http://www.northdumfries.ca/en/ourservices/building.asp>

Social Planning Council of Cambridge and North Dumfries www.spcnd.org

Information Cambridge and North Dumfries

55 Dickson St, Cambridge Ontario

Phone: 519-623-1713 Ext 225

Database: <http://informationcnd.cioc.ca/>

Provides an information and referral service for residents of Cambridge and North Dumfries. Phone line is active from 9 am to 4:30 pm and the searchable database can be accessed at any time.

North Dumfries Township Office

2958 Greenfield Rd, Ayr Ontario

Phone: 519-632-8800

North Dumfries Township, Clerk/CAO

2958 Greenfield Rd, Ayr Ontario

Phone: 519-632-8800

Region of Waterloo Public Health Unit

150 Main St, 1st Floor, Cambridge Ontario

Phone: 519-575-4400

Provides health education, disease prevention, promotional activities, counselling, and referral services in these areas: children, youth, violence prevention, dental, environmental, infection control, food safety, cancer prevention, heart health, AIDS/STDs, and sexual health. Some clinics are in different locations. Also offers a needle exchange program, immunization clinics, and emergency medical services.

Social Planning Council of Cambridge and North Dumfries

55 Dickson St, Cambridge Ontario

Phone: 519-623-1713

Email: admin@spccnd.org

Website: www.spccnd.org

The Social Planning Council of Cambridge and North Dumfries actively participates in building and strengthening the community through social change, innovation, research, analysis, and facilitation.

Service Canada, Cambridge Service Canada Centre

350 Conestoga Blvd, Unit C2, Cambridge Ontario

Phone: 1-800-622-6232, 1-800-206-7218 for Employment Insurance

Services offered include Social Insurance Number applications, pleasure craft licensing, old age security, Employment Insurance, Compassionate Care benefits, Canada Pension Plan benefits, Records of Employment, student employment centre and labour market information.

Service Ontario, Cambridge location

561 Hespeler Rd, Cambridge Ontario

Phone: 519-621-2100, 1-888-376-5107 for Health Card enquiries, 1-800-387-3445 for Driver and Vehicle enquiries.

Services offered include health card enquiries, health card renewals, drivers' license enquiries, drivers' license renewals, license plate stickers, and vehicle registration.

Waterloo Region Provincial Offenses Court, Kitchener Location

77 Queen St. N, Kitchener Ontario

Phone: 519- 745-9446

Responsible for the administration, courtroom support, and municipal prosecution of the POA offences as well as municipal by-laws within the Region of Waterloo.

Emergency Services

Argus Residence for Young People

Phone: 1-519-650-0452 (Female Residence) or 519-623-7991 (Male Residence)

Email: argusyw@execulink.com

Provides emergency shelter to youth between the ages of 16-24 who are experiencing homelessness within Waterloo Region. In addition to food, shelter and 24-hour support staff, Argus offers a voluntary life-skills acquisition program.

The Bridges Shelter

26 Simcoe St, Cambridge Ontario

Phone: 519-624-9305

Emergency shelter for individuals and families that also offers a wide variety of programs and services including addiction support and referrals. The drop-in centre offers a variety of services including medical clinics, identification clinics, clean needle exchange program, literacy programs, social and recreational programming, trustee program, and various groups and meetings.

Cambridge Memorial Hospital

700 Coronation Blvd, Cambridge Ontario

Phone: 519-621-2330, 9-1-1 for emergencies

Provides acute care services, seniors' services, diagnostic services, emergency services, surgical services, mental health services, and rehabilitation services.

Canadian Mental Health Association Waterloo Wellington Dufferin

9 Wellington St, Unit 3, Cambridge Ontario

Phone: 1-844-CMHA-WWD (264-2993), 1-844-HERE-247 (437-3247) for crisis calls

Provides support to individuals with mental health concerns, as well as their families and friends, including information, resources, education and referrals. Outreach and employment services are also available.

Cambridge Self-Help Food Bank

54 Ainslie St South, Cambridge Ontario

Phone: 519-622-6550

Email: info@cambridgefoodbank.on.ca

Website: www.cambridgefoodbank.on.ca

Provides assistance to those living on or below the poverty line, including food hampers, outreach, counselling, a cloth diaper program, outreach, a school supplies program, a clothing closet, a pre-employment program, legal aid and support for seniors.

Dental Emergencies

Phone: 519-575-4400 ext. 3046 (Waterloo) ext. 3088 (Cambridge)

Distress Centre – 24 Hours

Phone: 519-745-1166

Provides a 24-hour listening service.

Distress Centre – Youth Line

Phone: 519-745-9909

Provides a listening service for youth.

Elder Abuse Response Team (EART)

Phone: 519-579-4607

elderabuse@wrps.on.ca

Prevents and responds to elder abuse by providing an opportunity for change and healing to people affected by elder abuse, thereby enhancing the safety and well-being of older adults. EART provides information and consultation, direct intervention, education and training and community development.

Family Counselling Centre, Community Support Services

173 Northumberland St. Ayr, Ontario

Phone: 519-632-9737

Fax: 519-632-9649 (please call first)

Website: www.fccnd.com

Providing outreach services to low income families with resources such as food, clothing, shelter, recreation, transportation, childcare and counselling. Also provides an employment resource centre.

Grand River Hospital

835 King St West, Kitchener Ontario

Phone: 519-742-3611, 519-749-4300 for automated attendant, 9-1-1 for emergencies

Provides emergency services as well as childbirth, cancer care, children's program, laboratory, medical imaging, medicine, mental health and addictions, pharmacy services, kidney care and surgery.

Saint Monica House

231 Herbert St, Waterloo Ontario

Phone: 519-743-0291

Email: info@monicaplace.ca

Website: www.monicaplace.ca

Offers comprehensive expectant and new mothers' programs for women living in residence or in the community. Also offers a nursery program for students attending the school program.

The Salvation Army, Community and Family Services

12 Shade St, Cambridge Ontario

Phone: 519-623-1221

Assists individuals and families in need with emergency assistance including food and clothing, assistance for fire victims, and programs such as Christmas toy and hamper programs, income tax preparation, winter coats and school supplies.

Telecare Cambridge

Phone: 519-658-6805 for crisis calls (Long distance for Ward 4)

A listening service for people to call when they are lonely, depressed, suicidal, grieving, or looking to get referred to another organization who can help them.

Trinity Community Table

12 Blair Rd, Cambridge Ontario

Phone: 519-621-8860

Email: office@trinitycambridgeon.com

Provides hot, nourishing noon hour meals to individuals and families in need on Mondays, Wednesdays and Fridays.

The Vineyard

147 Elgin St North, Cambridge Ontario

Phone: 519-740-8463

Reaching out to those in need in the community through: Sunday hot lunches, Tuesday hot lunches, free store including clothing, small household items, footwear, emergency groceries, laundry facilities and showers, and food giveaways to the community.

Waterloo Regional Police Service

200 Maple Grove Rd, Cambridge Ontario

Phone: 519-653-7700, 9-1-1 for emergency calls

Website: www.wrps.on.ca

Access and information on police and victims services within Waterloo Region, also involved in community programs and events. Can also help replace missing identification.

Women's Crisis Services of Waterloo Region, Haven House/Anselma House

Phone: 519-653-2422

Kitchener: 519-742-5894

Toll Free: 1-800-410-4482

Email: info@wcswr.org

Website: www.wcswr.org

30-bed shelter with 24 hour support staff available to women over the age of 16 and their children (male children only up to age 16) who are escaping abusive relationships.

Waterloo Region Housing

150 Main St, Cambridge Ontario

Phone: 519-575-4800 or apply 519-575-4833

Social Planning Council of Cambridge and North Dumfries www.spcnd.org

Website: www.region.waterloo.on.ca/housing

Rental geared to income housing extended to all permanent residents and refugee claimants needing a dwelling. Vacant housing units allocated as per need. Priority status will be given to applicants that are victims of domestic violence.

Waterloo Region Social Services Department, Ontario Works, Cambridge Office

150 Main St, Cambridge Ontario

Phone: 519-883-2100

Provides resources on the topics of: Income support, family support, employment resources, and special services.

Health

For a more detailed Directory on Health, please visit

<http://www.spcnd.org/userContent/documents/Directories/Health%20Directory.pdf>

or call 519-623-1713.

Alzheimer's Society of Waterloo Wellington

1145 Concession Rd., Cambridge Ontario

Phone: 519-650-1628 (Long distance for Ward 4; call 519-742-1422 for Alzheimer's Kitchener-Waterloo)

Email: asww@alzheimerww.ca

Website: www.alzheimer.ca/en/ww

Provides support, information, education, public awareness, advocacy, and promotion of research related to Alzheimer's Disease and related Dementias.

Cambridge Active Self-Help

9 Wellington St, Unit 1, Cambridge Ontario

Phone: 519-623-6024

Email: cambridge@self-help.ca

Website: www.self-help-alliance.ca

A self-help and peer support organization that offers a variety of mental health related services and information including groups and counselling.

Cambridge Shelter, Saginaw House

431 Saginaw Pkwy, Cambridge Ontario

Phone: 519-627-0058

Abstinence based, recovery stabilization home for 5 males who may stay for a period of up to one year. 24 hour support staff.

Family Counselling Centre of Cambridge and North Dumfries

Ayr: 173 Northumberland St.

Phone: 519-632-9737

Cambridge: 18 Walnut St, Cambridge Ontario

Phone: 519-621-5090

Website: www.fccnd.com

Counselling agency that takes an active role in issue relating to family violence, poverty, families, children and marriage counselling.

Langs Community Health Centre

1145 Concession Rd, Cambridge Ontario

Phone: 519-653-1470 (Long distance for Ward 4)

Email: info@langs.org

Social Planning Council of Cambridge and North Dumfries www.spcnd.org

Website: www.langs.org

Offers primary health care, community programs, employment counselling, children and youth programs, summer camps, and counselling. Also conducts free income tax clinics for low-income families and seniors.

North Dumfries Community Health Centre

2958 Greenfield Rd, Ayr Ontario

Phone: 519-632-1229

Email: info@langs.org

Website: <http://www.langs.org/north-dumfries-community-health-centre/>

Provides primary health care, dental clinics, programs for children and youth, programs for older adults, counselling, and nutrition counselling for North Dumfries residents.

Ontario Addiction Treatment Centre – Cambridge

150 Main St, Cambridge Ontario

Phone: 519-624-6311

Email: info@oatc.ca

Website: www.oatc.ca

Offers Methadone Maintenance Treatment Programs which are appropriate for individuals dependant on opiates such as heroin, methadone, Percocet, Oxycontin, opium, morphine, Dilaudid, codeine, Demerol, Fentanyl, etc. The program is based on an Outpatient Harm Reduction Model.

Services for Seniors

For a more detailed directory on Seniors, please visit

<http://www.spcnd.org/userContent/documents/Directories/Seniors%20Directory.pdf> or call 519-623-1713.

Adult Day Programs

550 Ingersoll Ave, Woodstock Ontario

Phone: 1-519-539-1231 Ext 226 or 1-888-641-5197 Ext 226

Email: robin.kish@von.ca

Organized day programs of therapeutic activities for older adults. Hot lunches are included and programs run from 9 am-3 pm. \$10.00 per day.

Ancient Mariners Canoe Club

31 Kribs St, Cambridge Ontario

Phone: 519-740-4681 Ext 4459

Website: www.ancientmariners.ca

A group of seniors who share an interest in outdoor activities, particularly canoeing, hiking, cross-country skiing and preserving the environment.

Ayr Lions Club

Phone: 519-569-8136

Email: ricoper@sympatico.ca

Call for meeting time and location.

Offers to help less fortunate and sponsors youth activities. Supports local projects and Lion's projects and organizes the annual Santa Claus parade.

Bathing Program

570 Ingersoll Ave, Woodstock Ontario

Phone: 1-519-539-1231 Ext 226 or 1-888-641-5197

Email: robin.kish@von.ca

Available to anyone who has difficulty bathing.

Canadian Red Cross

Cambridge Branch:

17 Cambridge St, Cambridge Ontario

Phone: 519-621-1840

Email: Cambridge@redcross.ca

Woodstock/Oxford Branch:

77 Finkle St, Woodstock Ontario

Phone: 1-519-539-0265 or 1-866-280-1735

Social Planning Council of Cambridge and North Dumfries www.spcnd.org

Email: Woodstock-stratford@redcross.ca

Brantford Branch:

25 William St, Brantford ON

Phone: 519-753-4189

Provides homecare services, home healthcare equipment, some transportation services, personal care, home management, companion care, and various other services.

Community Support Connections, Meals on Wheels and More

887 Langs Dr., Unit 4A, Cambridge Ontario

Phone: 519-772-8787

Email: info@cscmow.org

Website: www.communitysupportconnections.org

Provides services to older adults, people with disabilities, and recently convalescing in their homes. Services include Meals on Wheels, Home Help, Home Maintenance, Homemaking, Reassurance and Security Checks, Snow Removal, and Dine and Dash Club.

Bi-weekly meal deliveries are available to rural areas of Oxford County. Call 1-519-539-1232 for more information about rural deliveries.

City of Cambridge Day Programs for Adults and Seniors

507 King St North, Cambridge Ontario; programs also offered at other locations.

Phone: 519-740-4681 Ext 4406

Email: hickeys@cambridge.ca

Supervised social and recreational programs designed to maintain or improve physical, social, and mental well-being through a variety of activities including exercises, stimulating games, cards and crafts, discussion groups, speakers, interactive music programs, films, pet therapy, special events and outings. Hot noon meals and snacks are provided. Transportation may be provided if required.

Fairview Mennonite Homes

515 Langs Dr, Cambridge Ontario

Phone: 519-653-5719

For long-term care application: 519-748-2222

Email: info@fairviewmh.com

Website: www.fairviewmh.com

Seniors Centre provides health and wellness programs for older adults 55+. Includes warm water therapy pool, fitness room, personal fitness coaching, nutritious noon and evening meals, social and recreational programs, special events, craft bazaars and more. Also maintains independent living facilities and long-term care facilities.

Friendly Visiting Program of Cambridge

507 King St East, Cambridge Ontario

Phone: 519-740-4681 Ext 4406

Social Planning Council of Cambridge and North Dumfries www.spcnd.org

Volunteers are matched with an isolated senior or adult with disabilities to provide companionship and to visit once a week for 2-3 hours.

Friendly Visiting Volunteer Program

Phone: 1-519-740-4681

Email: robin.kish@von.ca

Volunteers provide companionship and share activities with lonely seniors.

Grand River Transit - MobilityPLUS

35 Ainslie St South, Cambridge Ontario

Phone: 519-585-7555

Bus system that provides services for seniors over 65 years of age in North Dumfries. Transportation is provided Monday through Friday to the North Dumfries and Cambridge service areas for medical appointments, therapy, post-secondary education, employment, shopping and social activities. Cost is \$3.00 per one-way trip within North Dumfries. Call for more details.

PATER Program (People Assisting in Transporting Elderly Residents)

887 Langs Dr., Cambridge Ontario

Phone: 519-772-8787

Volunteer drivers provide escorted transportation for seniors and adults with a disability who are not dependant on a wheelchair to medical appointments, banking, shopping, and social outings. Priority to medical appointments.

SMART Program (Seniors Maintaining Active Roles Together) In-Home Exercise Program

Phone: 519-323-2330

Email: national@von.ca

Promotes greater well-being among seniors in Oxford County. A fun, gentle exercise program that is provided through group or one-on-one in the home. Transportation may be available.

Young at Heart Seniors Group

173 Northumberland St, Ayr Ontario

Phone: 519-632-9737

A congregate dining program where participants gather together at a central location to share fellowship and a healthy meal. It is held on Fridays from 11:30 am-2:00 pm, and the cost is a donation.

Recreation (Adults)

Ayr & District Slow Pitch League

Phone: 905-460-5757

hellohibeau@rogers.com

Ayr Community Centre

Queen Elizabeth Arena

7 Church St, Ayr Ontario

Phone: 519-632-7442

Ice park. Open October-March

Ayr Curling Club

210 Northumberland St, Ayr Ontario

Phone: 519-632-7465

Website: www.ayrcurlingclub.ca

Ayr-Kitchener Ladies Bowling

Phone: 519-632-7573

Ayr Ladies Hockey

Phone: 519-722-0280

Ayr Ladies Ringette

2958 Greenfield Rd, Ayr Ontario

Phone: 519-632-9100

Website: www.ayrringette.com

Recreational league; games go from October until March.

Ayr Lawn Bowling Club

10 Tannery St. Ayr Ontario

Phone: 519-632-7756

Please contact for information on fees.

Ayr-North Dumfries Lions Club

Phone: 519-569-8136

Email: rjcooper@sympatico.ca

Ayr-North Dumfries Lions Club Euchre Nights

Phone: 519-569-8136

Email: rjcooper@sympatico.ca

Ayr Skating Club

2958 Greenfield Rd, Ayr Ontario

Email: ayrskatingclub@hotmail.com

Website: www.ayrskatingclub.com

Skating lessons are offered from ages 2 to adult. Call to register.

Ayr Sportsmen Hockey League

Email: lgrbac@rogers.com

Ayr-Paris Band

29 Piper St, Ayr Ontario

Phone: 519- 632-7433

Email: ayrparisband@hotmail.com

Website: www.ayrparisband.com

Provides junior and senior bands for ages 9 to adult.

Ayr Paris Junior Band

29 Piper St, Ayr Ontario

Phone: 519- 632-7433

Email: ayrparisband@hotmail.com

Website: www.ayrparisband.com

The junior band is a free service which encourages good playing techniques and is monitored by senior band members. Consists of both children and adults, and members can join the senior band afterwards.

Ayr Tennis Club

200 Piper St., Ayr Ontario (Victoria Park Tennis Court)

Email: ayrtennis@gmail.com

Website: www.ayrtennisclub.com

Cambridge Handweavers and Spinners Guild

Phone: 1-905-659-3465

Email: cambridgehands@gmail.com

Website: www.ohs.on.ca

Members enjoy handspinning, handweaving, beading, dyeing, and anything related to fibre. Members explore mutual interests at workshops and meetings to further the groups' education and to teach others.

Cambridge Symphony Orchestra

Phone: 519-623-8788

Email: info@cambridgeorchestra.ca

Website: www.cambridgeorchestra.ca

Social Planning Council of Cambridge and North Dumfries www.spccnd.org

Provides orchestral music throughout the community and provides learning opportunities for musicians at various levels in their musical careers.

Cambridge Tour de Grand

Phone: 519-622-1087

Email: info@cambridgetourdegrand.com

Website: www.cambridgetourdegrand.com

Annual bicycle ride for riders of all levels.

Galt Curling Club

1610 Dunbar Rd, Cambridge Ontario

Phone: 519-621-6020

Email: info@galtcurlingclub.com

Website: www.galtcurlingclub.com

Curling club that provides leagues for all ages.

Kinette Club of Preston

1400 Hamilton St. Cambridge ON N33H 3G5

Phone: 519-653-4420

Email: kinsmen@prestonkinclub.org

Website: kincanada.ca

Supports fundraising projects and community service to benefit local organizations.

North Dumfries Community Complex

2958 Greenfield Rd, Ayr Ontario

Phone: 519-632-8800

Email: ayrcommunitycentre@bellnet.ca

Recreational complex. Looks after arenas and parks as well as provides services to book parks and community centre.

Optimist Club of Ayr

2958 Greenfield Rd. Ayr Ontario

Contact via facebook.

Organization seeks to empower children and youth by providing them with resources and opportunities.

Preston Lawn Bowling Club

427 Queenston Rd, Cambridge Ontario

Phone: 519- 653-1085

Email: preston.bowls@yahoo.com

Lawn bowling for all ages.

Women's Institute – New Dundee

596 Meadow's Cres, New Dundee Ontario

Phone: 519-696-3087

Offers educational programming community support, advocates for social, environmental and economic change, and works towards the personal growth of all women, for home and country. Centres on women in rural or small-town Ontario.

YMCA of Cambridge

250 Hespeler Rd, Cambridge Ontario

Phone: 519-623-9622

Website: www.ymcacambridgekw.ca

Offers a variety of recreational programs; sponsored memberships are available to assist with fees.

Children and Youth

For a more detailed Directory for Children and Parents, please visit

<http://www.spccnd.org/userContent/documents/Directories/Child%20and%20Parent%20Directory.pdf>

or call 519-623-1713.

For a more detailed Directory for Youth, please visit

<http://www.spccnd.org/userContent/documents/Directories/Youth%20Directory.pdf> **or call 519-623-**

1713.

Ayr Centennial Junior Hockey

Email: jrichard@richardlaw.ca

Junior ice hockey that plays in the Southern Ontario Junior Hockey League of the Ontario Hockey Association.

Ayr Public Library – Children's Programs

137 Stanley St, Ayr Ontario

Phone: 519-632-7298

Email: ayrlib@regionofwaterloo.ca

The Ayr Public Library offers children's reading programs from ages 12 months to school age.

Ayr Minor Hockey Association

Contact through website

Email: tp.hart@hotmail.com

Website: www.omha.net

Provides a hockey program for youth at a competitive and recreational level.

Ayr Minor Ringette Association

Social Planning Council of Cambridge and North Dumfries www.spccnd.org

Email: halfadozen@hotmail.ca

Website: www.ayrringette.com

Games go from October until March.

Ayr Minor Softball Association

Piper and Rose St, Ayr Ontario (Victoria Park)

Contact through website

Website: www.ayrjrvics.com

Softball programming for children aged 4 to 18.

Ayr Rockets Girls Hockey

Contact through website

Website: www.ayrrockets.com

Girls' minor hockey association. Call for registration info and fees.

Ayr Skating Club

2958 Greenfield Rd, Ayr Ontario

Email: ayrskatingclub@hotmail.com

Website: www.ayrskatingclub.com

Skating lessons are offered from ages 2 to adult. Call to register.

Ayr Soccer Club

Email: admin@ayrsoccer.ca

House league indoor and outdoor soccer games for older youth.

Ayr-Paris Band

29 Piper St, Ayr Ontario

Phone: 519-632-7433

Email: ayrparisband@hotmail.com

Website: www.ayrparisband.com

Provides junior and senior bands for ages 9 to adult.

Ayr Paris Junior Band

29 Piper St, Ayr Ontario

Phone: 519-632-7433

Email: ayrparisband@hotmail.com

Website: www.ayrparisband.com

The junior band is a free service which encourages good playing techniques and is monitored by senior band members. Consists of both children and adults, and members can join the senior band afterwards.

Ayr Tennis Club

200 Piper St., Ayr Ontario

Social Planning Council of Cambridge and North Dumfries www.spcnd.org

Email: ayrtennis@gmail.com

Website: www.ayrtennisclub.com

Ayr YMCA School Age Program

105 Hall St, Ayr Ontario

Email: ayr@ckwymca.ca

Before and after school care for children aged 6 to 12. Subsidies are available.

Big Brothers Big Sisters of Cambridge

150 Pinebush Dr., Unit 7, Cambridge Ontario

Phone: 519-629-0180

Email: info@bbbswr.org

Website: www.bbbswr.org

Volunteers create opportunities for children and youth to maximize their potential through adult and youth based mentoring services and programs that foster caring, self-esteem, life skills and friendships.

Cambridge Basketball

Email: info@cambridgebasketball.com

Website: www.cambridgebasketball.com

Provides a fundamental developmental program for boys and girls

Cambridge Family Early Years Centre

149 Ainslie St North, Cambridge Ontario

Phone: 519-740-8353

Email: cambridgefamily@bellnet.ca

Website: www.cfeyc.ca

Serves parents and children from birth to age 6, with children's programs that build educational, social and creative skills through crafts, dramatic and sensory play, songs and stories. Other services include a Toy Lending Library, access to a speech and language pathologist, vision screening, and more.

Cambridge Roadrunners Girls Hockey Association

Contact through website

Website: www.cambridgeroadrunners.com

A hockey program for both new and experienced players. Programs available to girls ages 4 to 21.

Cambridge Winter Hawks Junior Hockey Club

38 Grand Ave., Cambridge Ontario

Email: joe@cambridgewinterhawks.ca

Website: www.cambridgewinterhawks.ca

A competitive junior hockey club that offers players an opportunity to advance their skills, sportsmanship and education.

Social Planning Council of Cambridge and North Dumfries www.spcnd.org

Cedar Creek YMCA School Age Program

55 Hilltop Dr, Ayr Ontario

Email: cedarcreek@ckwymca.ca

Before and after school care for children aged 6 to 12. Subsidies are available.

Countryside Camp and Conference Centre

1985 Beke Rd, RR#4, Cambridge Ontario

Phone: 1-888-226-7722

Email: ontariochristiancamp.ca

Provides children's summer camps and special needs camps with a Christian theme.

Girl Guides & Brownies of Ontario

Phone: 1-800-565-8111

Email: support@girlguides.zendesk.com

A movement that challenges young girls to reach their full potential and empowers them to provide leadership and service as responsible citizens through education, training, social, recreational and camping activities.

Kids Can Play

Phone: 519-651-2847 (Long distance for Ward 4)

Email: kpcbridge@yahoo.com

Offers financial assistance to families living at or below the poverty line so children can take part in sports, art or music lessons. Up to \$500 can be provided for one activity twice a year.

North Dumfries Community Health Centre Satellite Pre-School Playgroup

2958 Greenfield Rd., Ayr, Ontario

Phone: 519-632-1229 x2226

North Dumfries Pre-School Co-Op

92 Northumberland St, Ayr Ontario

Phone: 519-632-8272

Email: northdumfriespreschool@gmail.com or regnd@gmail.com

Website: www.ndpci.ca

Provides a toddler and a preschool program for children between 18 months and 5 years of age.

Roseville United Brethren in Christ, Mom & Tot, Children and Youth Programs

2729 Fisher-Hallman Rd, RR#1, Ayr Ontario

Phone: 519-696-3005

Programs for young children with their mothers, as well as programming for older children and youth.

Royal Canadian Air Cadets – 136 Kiowa Squadron

92 Northumberland St, Ayr Ontario

Social Planning Council of Cambridge and North Dumfries www.spccnd.org

Phone: 519-632-5011

A program for youth between 12-18 years of age that teaches them citizenship and responsibility through weekly parade night, quarterly camp experiences, and various community involvement and volunteer experiences.

Royal Canadian Air Cadets – 296 Cambridge Squadron

1 Valour Pl, Cambridge Ontario

Phone: 519-623-6406

A program for youth between 12-18 years of age that teaches them citizenship and responsibility through weekly parade night, quarterly camp experiences, and various community involvement and volunteer experiences.

Royal Canadian Army Cadets – Cambridge Squadron

1 Valour Pl, Cambridge Ontario

Phone: 519-623-6406

A program for youth between 12-18 years of age that teaches them citizenship and responsibility through weekly parade night, quarterly camp experiences, and various community involvement and volunteer experiences.

Scouts Canada – Scouts, Cubs and Beavers

Phone: 1-888-855-3336

Waterloo Region Child Care Subsidy, Cambridge Office

150 Main St, Cambridge Ontario

Phone: 519-883-2221

Provides financial assistance with child care costs in licensed child care programs for parents/guardians who are working, attending school or a training program, or are medically unable to care for their child. An assessment is required.

YMCA of Cambridge

250 Hespeler Rd, Cambridge Ontario

Phone: 519-623-9622

Website: www.cambridgekw.ca

Offers a variety of recreational programs; sponsored memberships are available to assist with fees.

YWCA Cambridge

55 Dickson St, Cambridge Ontario

Phone: 519-267-6444

Website: www.ywcacambridge.ca

Provides programming focused on women and children in as well as licensed daycare facilities and an employment program.

Education and Training for Adults

For a more detailed Directory about Education and Training for Adults, please visit

<http://www.spcnd.org/userContent/documents/Directories/Employment%20Directory.pdf> or call 519-623-1713.

Cambridge Toastmasters

507 King St East, Cambridge Ontario

Phone: 519-653-8046

Website: www.toastmastersclub.org

A learn-by-doing workshop in which participants hone their speaking and leadership skills in a friendly atmosphere. A typical group has 20 to 40 members who meet weekly or biweekly for one hour to practice public speaking techniques.

John Howard Society of Waterloo-Wellington, Cambridge Career Connections

40 Ainslie St South, Cambridge Ontario

Phone: 519-622-0815

Email: ccc@waterloo.johnhoward.on.ca

Website: www.cambridgecareerconnections.com

Resource centre for anyone in the Cambridge and North Dumfries area. Equipped with job boards, computer workstations, fax and photocopier services, Internet access, community resource information, as well as an array of employment, training and career development resources.

LINC (Language Instruction for Newcomers)

150 Main St, First and Third Floor, Cambridge Ontario

Phone: 519-740-8797

Email: linc@conestogac.on.ca

Free English classes for permanent residents and convention refugees. Students can study on a full-time or part-time basis. Free day care is available.

Literacy Group of Waterloo Region

40 Ainslie St. 2nd Floor, Cambridge Ontario

Phone: 519-621-7993

Website: www.theliteracygroup.com

Provides accessible literacy training services to empower adults to reach their goals and improve their quality of life. Services include one-to-one learning, small group programming, skills upgrading in reading, writing, math, computer and workplace essential skills.

Toastmasters, High Noon Club

Monigram Coffee Roasters- 16 Ainslie St. Cambridge Ontario

Phone: 519-653-8046

Social Planning Council of Cambridge and North Dumfries www.spcnd.org

A learn-by-doing workshop in which participants hone their speaking and leadership skills in a friendly atmosphere. A typical group has 20 to 40 members who meet weekly or biweekly for one hour to practice public speaking techniques.

Toastmasters, TopDrawer Toastmasters Club

507 King St East, Cambridge Ontario

Phone: 519-620-2278

Email: ox.man2@rogers.com

A learn-by-doing workshop in which participants hone their speaking and leadership skills in a friendly atmosphere. A typical group has 20 to 40 members who meet weekly or biweekly for one hour to practice public speaking techniques.

YWCA Cambridge, Small Steps to Success

55 Dickson St. Cambridge Ontario N1R 7A5

Phone: 519- 267-6444

Website: www.ywcacambridge.ca

12 week supportive experience that offers workshops designed to prepare participants to move into employment, training or further education. The program focuses on life skills, job search techniques, and education.

Education for Children

Ayr Public School

105 Hall St, Ayr Ontario
Phone: 519-632-7424

Cedar Creek Public School

55 Hilltop Drive, Ayr Ontario
Phone: 519-632-5255

St. Brigid Catholic School

50 Broom St, Ayr Ontario
Phone: 519-632-5101

Southwood Secondary School

30 Southwood Dr, Cambridge Ontario
Phone: 519-621-5920

Monsignor Doyle Catholic Secondary School

185 Myers Rd, Cambridge Ontario
Phone: 519-622-1290

Waterloo Region District School Board

Phone: 519-570-0003

Waterloo District Catholic School Board

Phone: 519-578-3660

Horticulture and Agriculture

4-H Club of North Dumfries Township

Northumberland St, Ayr Ontario

Phone: 877-661-6667

This youth program enables youth to have fun, meet new people, learn new skills and build self-confidence. Youth learn by doing and receive awards for projects.

Ayr Horticultural Society

501 Scott St South, Ayr Ontario

Email: ayrhorticulture@gmail.com

Promotes horticulture by holding monthly meetings, bringing in guest speakers on gardening and conducting flower and plant shows.

North Dumfries Plowmen's Association

1992 Roseville Rd., Cambridge Ontario

Phone: 519-622-4853

Website: www.plowingmatch.org

Farmer's association.

Waterloo 4-H Club (Youth)

Phone: 1-877-661-6667

The 4-H program is open to youth from 9-21 years of age who are interested in agriculture.

Churches and Faith Groups

Ayr Masonic Lodge

Phone: 519-260-0779

Email: j_vliehs@rogers.com

Website: www.waterloodistrictmasons.com

Baha'i Faith Community of North Dumfries

Email: lsa.northdumfries@gmail.com

Calvary Church

173 Northumberland St, Ayr Ontario

Phone: 519-632-7110

Cedar Creek Community Church

2042 Dumfries Rd, RR#4, Cambridge Ontario

Phone: 519-624-8321

Countryside Reformed Church

1985 Beke Rd, Cambridge Ontario

Phone: 519-740-2860

Christ Church

50 Manley St, Ayr Ontario

Phone: 519-632-7291

Grace United Church

3258 Roseville Rd East, RR#1, Ayr Ontario

Phone: 519-616-7515

Knox United Church

92 Northumberland St, Ayr Ontario

Phone: 519-632-7461

Roseville United Brethren in Christ

2729 Fisher-Hallman Rd, RR#1, Roseville Ontario

Phone: 519-696-3005

St. Brigid Catholic Mission

50 Broom Street, Ayr Ontario

Phone: 519-632-5101

Social Planning Council of Cambridge and North Dumfries www.spccnd.org

Community Groups

Ayr and District Citizens Association

Phone: 519-632-8036